

NSCP UPDATE

May, 2011

Annual Meeting:

The College had a very successful Annual General Meeting on April 2, 2011. Over sixty members were in attendance and thanks to the great efforts of Christine James and her team from the NSPA the venue and program for the Conference were well accepted and attended. The NSCP Annual Report 2010 can be found on the NSCP website at: http://www.nsphysio.com/College_News.html

Re-elected for another two year term to the NSCP Board were:

1) Jeff Rooney: graduated from the University of Western Ontario with a degree in Physical Therapy. He has worked his entire physiotherapy career in the area of private practice, having worked in 3 provinces, Ontario, British Columbia and Nova Scotia. Jeff became involved in ownership and management of physiotherapy clinics in 2004. Currently he is the Clinical Team Leader, assisting physiotherapists at 11 privately owned physiotherapy clinics in Nova Scotia.

Jeff's primary clinical interest is in the functional rehabilitation of injured patients through an integrated health approach to care. Jeff also has a strong interest in the management of physiotherapy clinics and strives to provide effective, efficient, and exceptional health care.

Jeff is passionate about his profession and its ability to effect real and positive change to people with all kinds of physical challenges. Currently Jeff is the Chair of the Board of Directors for the NS College of Physiotherapists, as well as sitting on the finance committee for the Board.

2) Michael Sangster: is a graduate of the Dalhousie University School of Physiotherapy. Mike has worked in both private and public practice and is currently the Physiotherapist on the Pediatric Complex Pain team and the Professional Practice Chief of Physiotherapy at the IWK Health Centre in Halifax.

Mike's primary clinical interest is Pediatric Pain Management and he has trained with notable clinicians internationally in this area. Mike has previously served on the executive of the Pediatric Division and as a founding executive member of the Pain Science Division of the Canadian Physiotherapy Association. In addition to his clinical work, Mike routinely speaks about Pain Management at national and international conferences and has recently participated in clinical research projects in pediatric pain in Thailand and Cuba.

Mike is currently an Adjunct Clinical Faculty member at Dalhousie University, the Chair of the Peer Assessment Committee and the Vice-chair of the Board of Directors of the Nova Scotia College of Physiotherapists.

3) Randy Tresidder: is a graduate of the Dalhousie School of Physiotherapy. He spent the last eight years of his military career as a physiotherapist and as coordinator in charge of different military physiotherapy clinics and as Practice Leader for Western Canada. In these roles he oversaw the treatment of our soldiers to return them to full duties, the outsourcing of physiotherapy services to the private sector, and acting as a third party payer. Since retiring from the military, he has worked in private

practice and long-term care. He has been on the NSCP Board of Directors for the past two years and is currently the NSCP Treasurer as well as the Board representative to NSPAG.

Randall became interested in working with the College in order to help protect the public through influencing practice standards and patient outcomes.

4) Sandra Curwin; twice graduated from Dalhousie, the first time with a Diploma and later with a BSc in Physiotherapy. Sandra went on to earn a Masters degree in Kinesiology from Dalhousie and a PhD from UCLA in Kinesiology. She is currently Associate Professor at Dalhousie School of Physiotherapy. Sandra has worked at Husson College in Bangor, Maine and was instrumental in starting up their Physiotherapists program. Later she taught at the University of Alberta returning to Nova Scotia and Dalhousie University in 2006. She teaches MSK physiotherapy and tries to squeeze out enough time to maintain her clinical skills.

Awards:

During the AGM the College was pleased to recognize some very prominent physiotherapists for their dedication to cause and work performed to better the profession. Included were:

Certificate of Distinction: Janice Webber for her years of service to the College as Chair of the Peer Assessment Committee.

Award of Distinction: Dr. Joan Walker for her years of service to the College as Chair of the Post Graduate Education Fund Committee.

Award of Distinction: Robert Cowan for his five years of service to the College as a Board Lay Representative and member of the Finance Committee.

Award of Distinction: Sally Shaw for her years of service to the College as Chair of the Peer Assessment Committee.

Award of Distinction: Cathy Byham for her years of service to the College as Chair of the Investigations Committee.

2011 Portfolio Reviews:

Mike Sangster Chair of the Peer Assessment Committee is pleased to announce that between February 15 and May 1, 2011 over one fifth of the NSCP Membership have completed the Portfolio Review process. Mikes team and the office staff worked diligently to insure that all received Portfolios were reviewed, data adjusted and letters of success were sent to all candidates. There are still a few outstanding and they are being followed up on; the committee and the Board have set a target that each and every NS physiotherapist will have their Portfolios reviewed once every five (5) years. This will not be a problem.

The Portfolio process is not to be clouded in secrecy and in fact it is hoped that by the end of June 2011 all members will be better able to understand and review the process on the NSCP Website. And because part of the Portfolio Review process validates each members NSCP electronic CE record with the members records kept in the members Portfolio we have opened a portal such that members are able to view online the hours we have recorded for them. In June we will be doing a mass email with the portal

address and your individual User Name and Password such that you can view your Practice Hour, Volunteer Hour and CE Hour records for the last 5 years; we will also be announcing that the website has been updated re Quality Practice and the Portfolio Review process as well as announcing which members are to submit their portfolios in 2012 for review.

More than one member who was having their Portfolio reviewed took the time to write or call-in a voice of approval... here is what one member had to say..... *When I first learned that I had been chosen for a peer assessment and realized the amount of work I would need to do to gather all the required information, I was filled with dread. I am now writing to you to tell you how grateful I am for the whole process; it has been an affirming and empowering endeavour.*

Gathering all the required information helped me to look at things with a more discerning eye. The idea of writing a resume based on accomplishments rather than responsibilities was an energizing exercise for me and one that allowed me to recognize areas of accomplishment that I have overlooked, quite frankly. This process of collecting supporting documents for continuing education, writing a resume in such a unique way, writing up my job description, and requiring me to gather them for my own copy and file gave me renewed appreciation for my work, for myself as a physiotherapist, and for the support provided by my professional community.